

Common Nutritional Risk Screening Tools for minimally-skilled staff

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Evaluation based on Natframe¹ concept of Care Processes and Accountability Processes.

| Tool | Categorises level of nutritional risk | Guides decisions for interventions | Monitors effectiveness of interventions | Includes Auditing tools | Includes Benchmarking service | Comments |
|--|---------------------------------------|------------------------------------|---|-------------------------|-------------------------------|--|
| Australian Nutrition Screening Initiative (ANSI) | Y | Refers for follow-up | N | N | N | Community care focussed |
| Nutritional Risk & Monitoring Tool (HACC) ² | N | Basic | Y | N | N | Community care focussed |
| Malnutrition Screening Tool (MST) | N | N | N | N | N | Acute care focussed |
| Malnutrition Universal Screening Tool (MUST) | Y | Basic | N | N | N | Reliability and validity not tested for residential Aged Care facilities |
| Burton Nutrition Assessment Tool | Y | Basic | N | N | N | Usually in conjunction with the Waterlow Pressure Sore Assessment tool |
| Nutritional Risk Index | N | N | N | N | N | Residential Aged Care focussed |
| Mini-Nutritional Assessment Tool | Screening – No Assessment – Yes | N | N | N | N | Reliability and validity tested for the Acute, Community and residential Aged Care sectors |
| Nutritional Risk Screening System (NRS System) | Y | Y | Y | Y | Y | Residential Aged Care focussed and is a fully integrated system |

¹ Australian Government Department of Health & Ageing. 2005. *NATFRAME The National Framework for Documenting Care in Residential Aged Care Facilities*.

² Wood, B., Bacon, J., Stewart, A. and Race, S. 2001. *Identifying & Planning Assistance for Home-based Adults who are Nutritionally at Risk: A Resource Manual*. Publisher: Aged, Community & Mental Health Division, Victorian Department of Health Services; Funded by HACC (Home & Community Care).